CITY OF MANCHESTER

HUMAN RESOURCES DEPARTMENT ONE CITY HALL PLAZA MANCHESTER, NH 03101

TEL: 603-624-6543 (VOICE/TTY)

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LIFEGUARD I

(Announcement Number R-027-14) Grade 11 Starting Pay: \$13.70 per hour

Summer position - Schedule includes weekends and holidays. Hours: 12:00 PM - 8:00 PM.

Rotating Schedule – up to 40 hrs/wk – 6 days/wk

THE JOB: Monitors activities of swimmers at public bathing facilities; rescues swimmers in

distress and performs life saving duties, including CPR, recue breathing, and swimmer rescue techniques; maintains order at bathing facilities, including

enforcing pool rules and furnishing information to the public..

REQUIRED

QUALIFICATIONS: Must possess current Lifeguard Certificate, CPR and First Aid Certificate prior to

beginning work, and must be at least 17 years of age at time of hire. Previous Lifeguard experience preferred but not required. For those individuals who are interested in becoming a Certified Lifeguard, the City of Manchester is offering the American Red Cross Lifeguard Course, which if passed will provide Lifeguard Certification. Please see attached for class details.

NOTE: Offer of hire conditional on candidate's ability to perform essential job functions, with or without accommodations, as determined by medical

exam.

APPLICATION

PROCEDURES: Although submission of a resume is optional, candidates must complete a City of

Manchester Employment Application, available at City of Manchester website (Human Resources/Job Application Instructions) or in person at HR Dept. City

Hall Annex.

OPENING DATE: Monday, June 2, 2014 **CLOSING DATE:** Open Until Filled

OFFICE HOURS: Office Hours: Monday through Friday, 8:00 AM to 5:00 PM

The City of Manchester is an Equal Employment Opportunity Employer

PLEASE POST

THIS DOCUMENT IS AVAILABLE IN ALTERNATE FORMATS UPON REQUEST

CITY OF MANCHESTER LIFEGUARD CERTIFICATION CLASS*

3 DAY LIFEGUARDING CLASS DATES:

June 26th, 27th, and 29th from 9:00 AM to 6:00 PM

- Morning swim sessions at Hunt Pool (297 Maple St) from 9:00 AM to 12:00 PM daily
- Afternoon classroom sessions at the Department of Public Works (475 Valley St) 1:00 PM to 6:00PM daily
- Cost is \$275. *The City of Manchester will reimburse half this cost to any applicant who passes the course and fulfills the fulltime summer working session for the City.
- Lifeguard I starting hourly rate is \$13.70.
- * This course is only for individuals interested in working for the City of Manchester

For questions or to register please email <u>karen@swimnh.com</u> or call Andy at 603-624-6444.

American Red Cross Lifeguard Training Program

The purpose of the American Red Cross Lifeguarding course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services personnel take over.

Qualifications

You must be at least 17 years of age.

You must be able to pass prerequisite skills evaluation that includes the following:

- 1. Swim 300 yards continuously demonstrating breath control and rhythmic breathing. You may swim using the front crawl, breaststroke or a combination of both but swimming on the back or side is not allowed. Swim goggles may be used.
- 2. Tread water for 2 minutes using only the legs. You should place your hands under your armpits.
- 3. Complete a timed event within 1 minute, 40 seconds.
 - Starting in the water, swim 20 yards. Your face may be in or out of the water. Swim goggles are not
 - Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10-pound object.
 - Return to the surface and swim 20 yards on your back to return to the starting point with both hands holding the object while keeping your face at or near the surface so you are able to get a breath. You should not swim the distance under water. Exit the water without using a ladder or steps.